

**DEPARTMENT OF PHYSICAL EDUCATION
LESSION PLAN
SESSION 2023-24
SEMESTER – II**

NAME OF TEACHER: KHAIRUZZAMAN MALLICK

PAPER ALLOTTED: PEDCOR204P & PEDCOR204T

Month	Paper	Topic	No of classes
May 2024 (04.05.2024)	PEDCOR204T	Introduction of Management of Physical Education. Important of Sports Management Purpose of Sports Management Principles of Sports Management	11
	PEDCOR204P	LAY OUT KNOWLEDGE AND OFFICIATING ABILITY Games: Football, Kabaddi, Kho-Kho,	8
June 2024	PEDCOR204T	Tournaments : Meaning, Definition and Types of tournaments Procedure of drawing fixture Method of organising Annual Athletic Meet and Play Day Method of organising of Intramural and Extramural competition	12
July 2024	PEDCOR204P	LAY OUT KNOWLEDGE AND OFFICIATING ABILITY Games: Badminton and Volleyball	7
August 2024		Internal Examination & Class for Slow Learners	
August 2024		End Semester Examination	
		Total Classes	38

NAME OF TEACHER: PRADYUT KUMAR BISWAS

PAPER ALLOTTED: PEDCOR204P & PEDCOR204T

Month	Paper	Topic	No of classes
May 2024 (04.05.2024)	PEDCOR204T	Facilities and Equipment's : Care and maintenance of Playground and Gymnasium Importance of Sports Equipment.	10

		Care and maintenance Sports Equipment. Method of calculation of Standard Athletic Track and Field marking. Calculation and Lay- out of Play-Field : Football, Kabaddi, Kho-Kho, Badminton and Volleyball	
	PEDCOR204P	LAY OUT KNOWLEDGE AND OFFICIATING ABILITY Games: Football, Kabaddi, Kho-Kho,	8
June 2024	PEDCOR204T	Psychological Factors : Meaning, Definition of Psychology and Sports Psychology. Need for knowledge of Sports Psychology in the field of Physical Education.	6
	PEDCOR204P	LAY OUT KNOWLEDGE AND OFFICIATING ABILITY Games: Badminton and Volleyball	7
July 2024	PEDCOR204T	Psychological Factors : Meaning, Definition and Types and role of Motivation in Physical Education and Sports. Meaning, Definition and Types and role of Instinct & Emotion in Physical Education and Sports.	6
August 2024		Internal Examination & Class for Slow Learners	
August 2024		End Semester Examination	
		Total Classes	37