

**DEPARTMENT OF EDUCATION
LESSION PLAN
SESSION 2023-24
SEMESTER – I**

NAME OF TEACHER: KHAIRUZZAMAN MALLICK

PAPER ALLOTTED: PEDCOR101T & PEDCOR101P

Month	Paper	Content	No of classes
August 08.08.2023	PEDCOR101T	Introduction of History & Foundation of Physical Education.	6
	PEDCOR101P	Development of physical fitness through Marching	1
September 2023	PEDCOR101T	Biological Foundations & Sociological Foundations of Physical Education	4
	PEDCOR101P	Development of physical fitness through Marching	1
October 2023	PEDCOR101T	Philosophical Foundations of Physical Education	4
		PUJA VACATION (19.10.2023 to 15.11.2023)	
November 2023	PEDCOR101T	Philosophical Foundations of Physical Education	5
	PEDCOR101P	Development of physical fitness through Callisthenics	1
December 2023		Revision classes Class tests	
January 2024		Internal Examination & Class for Slow Learners	
April 2024		End Semester Examination	
		Total Classes	22

NAME OF TEACHER: PRADYUT KUMAR BISWAS

PAPER ALLOTTED: PEDCOR101T & PEDCOR101P

Month	Paper	Content	No of classes
August	PEDCOR101T	History of Physical Education.	5

08.08.2023	PEDCOR101P	Development of physical fitness through Marching	1
September 2023	PEDCOR101T	History of Physical Education.	5
	PEDCOR101P	Development of physical fitness through Marching	1
October 2023	PEDCOR101T	Yoga Education	4
	PEDCOR101P	Development of physical fitness through Callisthenics	1
		PUJA VACATION (19.10.2023 to 15.11.2023)	
November 2023	PEDCOR101T	Yoga Education	5
	PEDCOR101P	Band Music	1
December 2023		Revision classes Class tests	
January 2024		Internal Examination & Class for Slow Learners	
April 2024		End Semester Examination	
		Total Classes	23