

**DEPARTMENT OF HUMAN DEVELOPMENT  
LESSION PLAN  
SESSION 2023-24  
SEMESTER – I**

**NAME OF TEACHER: MISS. MOULEKHA MALO**

**PAPER ALLOTTED: INTRODUCTION TO HUMAN DEVELOPMENT**

<b>Month</b>	<b>Paper</b>	<b>Content</b>	<b>No of classes</b>
<b>August 2023 and September 2023 08.08.2023</b>	<b>MA-1 (T)</b>	<b>Introduction to Human Development- Definition and concept, Principles of human development.(Unit-1)</b>	<b>5</b>
		<b>PUJA VACATION (19.10.2023 – 15.11.2023)</b>	
<b>November 2023</b>	<b>MA-1(T)</b>	<b>Introduction to Human Development-Roles of heredity and environment in human development-definition,meaning, effect of human behavior(Unit-1).</b>	<b>5</b>
<b>January 2024</b>	<b>MA-1 (T)</b>	<b>Introduction to Human Development- concept of growth and development.,milestone and the life span approach to human development - longitudinal,crosssectional,observation,interview and questionnaire method.(Unit-1) Internal Examination&amp;Class for Slow Learners</b>	<b>8</b>
<b>18.01.2024-20.01.2024</b>		<b>Internal Examination &amp;Class for Slow Learners</b>	
<b>February 2024</b>	<b>MA-1 (P)</b>	<b>Making play materials suitable for infants to middle childhood(puzzle,riddle,solvinganagram,rubi's cube).(Unit-7)</b>	<b>4</b>
<b>16.04.2024</b>		<b>End Semester Examination</b>	
<b>Total Classes</b>			<b>22</b>

**NAME OF TEACHER: DR. DEBASREE SADHUKHAN**

**PAPER ALLOTTED: HMDDSC 101T THEORY AND PRACTICAL, HMDMIN 101T/  
HMDCOR101T/SEC PAPER THEORY AND PRACTICAL**

<b>Month</b>	<b>Paper</b>	<b>Content</b>	<b>No of classes</b>
<b>August</b>	<b>HMDDSC101T</b>	<b>Development:</b>	<b>3</b>

08.08.2023	(Unit-1)	<ul style="list-style-type: none"> <li>• Definition and Characteristics</li> <li>• Difference between growth and development</li> <li>• Principles</li> </ul>	
	HMDDSC101T (Unit-2)	Prenatal Development: Conception and Course	3
		Activities and resources for Child Development: Literature for children-	2
	SEC Paper  HMDMIN101T/ HMDCOR101T	<ul style="list-style-type: none"> <li>• Importance</li> <li>• Types</li> <li>• Appropriateness and criteria for selection</li> <li>• Birth Process of the baby</li> <li>• Neonate: * Characteristics and * Care</li> </ul>	2
September 2023	HMDDSC101T (Unit-1)	Development: Roles of Heredity	2
	HMDDSC101T (Unit-2)	Prenatal Development: Affecting Factors	1
	HMDDSC101P	Hands- On Training: Plan and develop activities to facilitate sensory- motor development ( infants and childhood)	6
	SEC Paper	Activities and resources for Child Development:  Literature for children- <ul style="list-style-type: none"> <li>• Physical characteristics of good books</li> <li>• Characteristics of a good story</li> <li>• Criteria for selecting Poems</li> </ul>	2
	HMDMIN101T/ HMDCOR101T	Infancy: <ul style="list-style-type: none"> <li>• Highlights of development</li> <li>• Important of toys</li> </ul>	3
	<b>PUJA VACATION</b> (19.10.2023 – 15.11.2023)		
	HMDDSC101T (Unit-1)	Development: Roles of Environment	2
	HMDDSC101T (Unit-2)	Infancy: Developmental Characteristics	6

November 2023	SEC Paper	Practical : Micro Teaching	6
	HMDMIN101T/ HMDCOR101T	<b>Infancy:</b> <ul style="list-style-type: none"> <li>• Feeding</li> <li>• Weaning</li> <li>• Supplementary Feeding</li> <li>• Sleep Routine</li> </ul>	2
December 2023	HMDDSC101T (Unit-1)	Development: Roles of Heredity and Environment (combined)	2
	HMDDSC101T (Unit-2)	Infancy: Developmental Tasks	3
	SEC Paper	Practical : Micro Teaching ( Prepare a teaching –aid)	6
	HMDDSC101T (Unit-2)	Infancy: Problems	2
	HMDMIN101T/ HMDCOR101T	<b>Infancy:</b> <ul style="list-style-type: none"> <li>• Bathing</li> <li>• Clothing</li> <li>• Immunization schedule</li> </ul>	2
January 2024 18.01.2024- 20.01.2024		Internal Examination & Class for Slow Learners	6
16.04.2024		End Semester Examination	
<b>Total Classes</b>			<b>61</b>

**NAME OF TEACHER: DR. ANINDITA GUPTA**

**PAPER ALLOTTED: HMDDSC 101T THEORY AND PRACTICAL, HMDMIN 101T/  
HMDCOR 101T THEORY AND PRACTICAL**

Month	Paper	Content	No of classes
August 2023 08.08.2023	HMDDSC101T	Approaches to the study of human development – Longitudinal and Cross- Sectional	2
	HMDDSC101T	Seminar	2
	HMDDSC101T	Early Childhood - Characteristics, Developmental tasks and Behaviour problems	1
September 2023	HMDDSC101T	Use of secondary sources to understand the depiction of children	1
	HMDMIN101T/ HMDCOR101T	Highlights of development in childhood, adolescence, adulthood and old age.	2

		<b>PUJA VACATION (19.10.2023 – 15.11.2023)</b>	
<b>November 2023</b>	<b>HMDDSC101T</b>	<b>Approaches to the study of human development – Longitudinal and Cross-Sectional</b>	<b>8</b>
	<b>HMDDSC101T</b>	<b>Seminar</b>	<b>2</b>
	<b>HMDDSC101T</b>	<b>Early Childhood - Characteristics, Developmental tasks and Behaviour problems</b>	<b>6</b>
	<b>HMDDSC101T</b>	<b>Use of secondary sources to understand the depiction of children</b>	<b>2</b>
	<b>HMDMIN101T/ HMDCOR101T</b>	<b>Highlights of development in childhood, adolescence, adulthood and old age.</b>	<b>5</b>
<b>December 2023</b>	<b>HMDDSC101T</b>	<b>Methods of studying human development – Observation, Interview and Questionnaire</b>	<b>8</b>
	<b>HMDDSC101T</b>	<b>Seminar</b>	<b>2</b>
	<b>HMDDSC101T</b>	<b>Early Childhood - Characteristics, Developmental tasks and Behaviour problems</b>	<b>8</b>
<b>January 2024</b>	<b>HMDDSC101T</b>	<b>Plan and develop activities to facilitate development in different domains</b>	<b>4</b>
	<b>HMDMIN101T/ HMDCOR101T</b>	<b>Highlights of development in childhood, adolescence, adulthood and old age.</b>	<b>5</b>
<b>February 2024 18.01.2024- 20.01.2024</b>		<b>Internal Examination &amp; Class for Slow Learners</b>	<b>8</b>
<b>16.04.2024</b>		<b>End Semester Examination</b>	
<b>Total Classes</b>			<b>66</b>

**NAME OF TEACHER: RANJINI DAS**

**PAPER ALLOTTED: HMDGCOR01T, HMDGCOR01P, HMDACOR01T**

<b>Month</b>	<b>Paper</b>	<b>Content</b>	<b>No of classes</b>
<b>August 2023 And September 2023 08.08.2023</b>	<b>HMDGCOR01T</b>	<b>1. Human development and the need to study it; concept of human development index;</b>	<b>4</b>
	<b>HMDGCOR01T</b>	<b>roles of heredity and environment in human development;</b>	<b>4</b>
	<b>HMDGCOR01T</b>	<b>concept of growth and development</b>	<b>3</b>
		<b>PUJA VACATION (19.10.2023 – 15.11.2023)</b>	

November 2023	HMDGCOR01T	The life span approach to human development	4
	HMDGCOR01T	Highlights of development in childhood, adolescence,	5
	HMDGCOR01T	Highlights of development in adulthood and old age	5
December 2023	HMDGCOR01P	Planning the diet of an expectant / a lactating mother; preparation of a diet chart	5
	HMDACOR01T	Approaches to the study of human development – Longitudinal and Cross – Sectional	2
	HMDACOR01T	Methods of studying human development – Observation, Interview and Questionnaire	3
January 2023 18.01.2024- 20.01.2024		Internal Examination & Class for Slow Learners	6
16.04.2024		End Semester Examination	
<b>Total Classes</b>			<b>41</b>