

**DEPARTMENT OF HUMAN DEVELOPMENT  
LESSION PLAN  
SESSION 2023-24  
SEMESTER – III**

**NAME OF TEACHER: MISS. MOULEKHA MALO**

**PAPER ALLOTTED: HMDGCOR03T, HMDGCOR03P, HMDSSSEC01M**

<b>Month</b>	<b>Paper</b>	<b>Topic</b>	<b>No of classes</b>
<b>September 2023 (25.09.2023)</b>	<b>HMDGCOR03T</b>	<b>Emotion-Introduction,origin and definition of emotion.(Unit-2)</b>	<b>3</b>
<b>October 2023</b>	<b>HMDGCOR03T</b>	<b>Emotion-Adaptive functions of emotion ,basic emotions-fear,anger,love.(Unit-2)</b>	<b>4</b>
		<b>PUJA VACATION (19.10.2023 – 15.11.2023)</b>	
<b>November 2023</b>	<b>HMDGCOR03T</b>	<b>Emotion- Physical changes for the emotion-blood pressure,heart rate, respiration,skintemperature,pupillaryresponse,salivarysecretion,pilomotorresponse,blood, saliva and urine analysis,gastro-intestinal activities,metabolicrate,muscletension,tremor,eye blinking etc. (Unit-2).</b>	<b>4</b>
<b>1<sup>st</sup> Week of December 2023</b>	<b>HMDGCOR03T</b>	<b>Emotion-control our emotion (process)-take a look at the impact of your emotions, aim for regulation- not repression,identify what you're feeling,accept your emotions — all of them,keep a mood journal,take a deep breath,know when to express yourself,give yourself some space, try meditation,stay on top of stress,talk to a therapist.(Unit-2)</b>	<b>4</b>
	<b>HMDSSSEC01M</b>	<b>Perception-perceptual processing,role of attention,perceptualorganization,perception of depth,distance and movement,illusions. (Unit-2)</b>	<b>2</b>
	<b>HMDGCOR03P</b>	<b>Assessment of Personality: Children's Personality Test; Kundu Neurotic Personality Inventory.(Unit-3)</b>	<b>4</b>
<b>3rd Week of December 2023 26.12.2023- 02.01.2024</b>		<b>Internal Examination &amp; Class for Slow Learners</b>	<b>6</b>
<b>27.01.2024</b>		<b>End Semester Examination</b>	
<b>Total Classes</b>			<b>31</b>

**NAME OF TEACHER: DR. DEBASREE SADHUKHAN**

PAPER ALLOTTED: HMDACOR05T, HMDACOR05P, HMDACOR06T,  
HMDACOR06P, HMDACOR07T, HMDACOR07P, HMDSSSEC01M,  
HMDGCOR03T, HMDGCOR03P

Month	Paper	Topic	No of classes
August 2023 and September 2023 (25.09.2023)	HMDACOR05T	<b>Intelligence:</b> <ul style="list-style-type: none"> <li>• Definition</li> <li>• Nature</li> <li>• Origins of intelligence test</li> <li>• Types of intelligence test</li> </ul>	4
	HMDACOR05P	<b>Psychometric Test: Assessment of Emotion</b>	4
	HMDACOR06T	<b>Psychological Test:</b> <ul style="list-style-type: none"> <li>• Definition</li> <li>• Major types</li> </ul>	2
	HMDACOR06P	<b>Construction of Frequency Distribution of data</b>	3
	HMDACOR07T	<b>Guidance:</b> <ul style="list-style-type: none"> <li>• Definition</li> <li>• Types</li> <li>• Importance</li> <li>• Techniques</li> </ul>	5
	HMDACOR07P	<b>Child Behaviour Observation Checklists - Preparation and Use</b>	6
	HMDSSSEC01M (SEC-1)	<b>Adolescence Development and Challenges:</b> <ul style="list-style-type: none"> <li>• Intellectual Development</li> <li>• Moral Development</li> <li>• Social life relationship with peers and parents</li> </ul>	4
	HMDGCOR03T	<b>Socializations:</b> <ul style="list-style-type: none"> <li>• Definition</li> <li>• Agencies of socializations</li> <li>• Gender differences in socializations</li> </ul>	4
HMDGCOR03P	<b>Psychological Test: Assessment of Emotions</b>	4	
October 2023	HMDACOR05T	<b>Intelligence:</b> <ul style="list-style-type: none"> <li>• Guildford's Theory</li> <li>• Bruner's Theory</li> </ul>	4
	HMDACOR05P	<b>Psychometric Test: Assessment of Personality</b>	4
	HMDACOR06T	<ul style="list-style-type: none"> <li>• Tabulation</li> <li>• Frequency Distribution of data</li> </ul>	3

	<b>HMDACOR06P</b>	<b>Construction of Graphical Representation of data</b>	<b>6</b>
	<b>HMDACOR07T</b>	<b>Counselling:</b> <ul style="list-style-type: none"> <li>• Definition</li> <li>• Types</li> <li>• Importance</li> <li>• Techniques</li> </ul>	<b>6</b>
	<b>HMDACOR07P</b>	<b>Psychometric Test: Assessment of Emotions</b>	<b>4</b>
	<b>HMDSSEC01M (SEC-1)</b>	<b>Adolescence Development and Challenges:</b> <ul style="list-style-type: none"> <li>• Sexual orientation and heterosexual relationships <ul style="list-style-type: none"> <li>• Integration of Self</li> <li>• Resolve the challenges</li> </ul> </li> </ul> <b>(Identity crisis, Psychosexual development etc.)</b>	<b>6</b>
		<b>PUJA VACATION (19.10.2023 – 15.11.2023)</b>	
<b>November 2023</b>	<b>HMDACOR05T</b>	<b>Emotion:</b> <ul style="list-style-type: none"> <li>• Definition</li> <li>• Adoptive Functions</li> </ul> <ul style="list-style-type: none"> <li>• Basic emotions (Fear, Anger, Love)</li> <li>• Universal aspects of emotions</li> </ul>	<b>5</b>
	<b>HMDACOR05P</b>	<b>Psychometric Test: Assessment of Personality and Emotion</b>	<b>4</b>
	<b>HMDACOR06T</b>	<b>Correlation:</b> <ul style="list-style-type: none"> <li>• Concept</li> <li>• Uses</li> <li>• Computation</li> </ul>	<b>8</b>
	<b>HMDACOR06P</b>	<b>Calculation of measures of Variability</b>	<b>6</b>
	<b>HMDACOR07T</b>	<b>Children with Developmental Psychopathology: Internalizing Disorder – Anxiety Disorder</b> <ul style="list-style-type: none"> <li>• Symptoms</li> <li>• Causes</li> </ul> <ul style="list-style-type: none"> <li>• Scope for guidance and counselling</li> </ul>	<b>5</b>
	<b>HMDACOR07P</b>	<b>Psychometric Test: Assessment of Aptitude</b>	<b>4</b>
	<b>HMDSSEC01M (SEC-1)</b>	<b>Adolescence Development and Challenges:</b> <ul style="list-style-type: none"> <li>• Vocational Training and work</li> <li>• Vocational Performance</li> </ul> <ul style="list-style-type: none"> <li>• Conflicts with reference to contemporary socio-cultural changes (Process of transition of adulthood)</li> </ul>	<b>4</b>
<b>1<sup>st</sup> Week of December</b>	<b>HMDACOR05T</b>	<b>Emotion: Schachter -Singer Theory</b>	<b>2</b>

2023	HMDACOR06T	Correlation: Computation	6
	HMDACOR07T	<b>Children with Developmental Psychopathology: Internalizing Disorder – Childhood Depression</b> <ul style="list-style-type: none"> <li>• Symptoms</li> <li>• Causes</li> <li>• Scope for guidance and counselling</li> </ul>	5
3rd Week of December 2023 26.12.2023-02.01.2024		Internal Examination & Class for Slow Learners	6
27.01.2024		End Semester Examination	
Total Classes			124

NAME OF TEACHER: DR. ANINDITA GUPTA

PAPER ALLOTTED: HMDACOR05T, HMDACOR05P, HMDACOR06T, HMDACOR06P, HMDACOR07T, HMDACOR07P, HMDSSSEC01M, HMDGCOR03T, HMDGCOR03P

Month	Paper	Topic	No of classes
August 2023 and September 2023 (25.09.2023)	HMDACOR05T	Personality– Definition, influencing factors, role of social norms in personality development	4
	HMDACOR05P	Measuring intelligence: Draw-A – Man Test	4
	HMDACOR06T	Graphical representation of data– types	2
	HMDACOR06P	Construction of frequency distribution	2
	HMDACOR07T	Externalizing Disorders- Conduct disorder, Attention Deficit Hyperactivity disorder	4
	HMDACOR07P	. Case study of a child with developmental psychopathology or in difficult circumstances.	4
	SEC-1 HMDSSSEC01M	Adolescence – Definition , Importance of the stage , theoretical perspective on adolescence	3
	HMDGCOR03T	Intelligence – Definition, nature of intelligence, origins of intelligence testing, types of intelligence tests.	4
	HMDGCOR03P	Assessment of intelligence of a child using psychological test	4
October 2023	HMDACOR05T	Tests of personality	4
	HMDACOR05P	Raven’s Standard Progressive Matrices	4
	HMDACOR06T	Advantages and disadvantages of each type of graphical representation.	2
	HMDACOR06P	Calculation of measures of central tendency	6
	HMDACOR07T	Externalizing Disorders- Conduct disorder, Attention Deficit	6

		<b>Hyperactivity disorder: Symptoms, causes, scope for guidance and counselling</b>	
	<b>HMDACOR07P</b>	<b>Guidance and counseling of a child with developmental psychopathology or in difficult circumstances.</b>	<b>4</b>
	<b>SEC-1 HMDSSEC01M</b>	<b>interpersonal relationships and sociocultural attitudes of adolescents, maturation and learning</b>	<b>2</b>
		<b>PUJA VACATION (19.10.2023 – 15.11.2023)</b>	
<b>November 2023</b>	<b>HMDACOR05T</b>	<b>Eysenck's theory; Five-Factor theory</b>	<b>10</b>
	<b>HMDACOR05P</b>	<b>Assessment of socialization</b>	<b>4</b>
	<b>HMDACOR06T</b>	<b>Concept, major types, uses and computational techniques of the measures of central tendency</b>	<b>6</b>
	<b>HMDACOR06P</b>	<b>Calculation of measures of central tendency, Determination of reliability and validity and establishment of norms of a psychological instrument.</b>	<b>6</b>
	<b>HMDACOR07T</b>	<b>Children in difficult circumstances - street children, child prostitutes, children of prostitutes</b>	<b>4</b>
	<b>HMDACOR07P</b>	<b>Guidance and counseling of a child with developmental psychopathology or in difficult circumstances.</b>	<b>2</b>
	<b>SEC-1 HMDSSEC01M</b>	<b>Consequences of puberty changes, sexual development, early and late maturation and psychological implication</b>	<b>2</b>
<b>1<sup>st</sup> Week of December 2023</b>	<b>HMDACOR05T</b>	<b>Socialization-Definition, agencies of socialization, gender differences in socialization.</b>	<b>6</b>
	<b>HMDACOR06T</b>	<b>Concept, major types, uses and computational techniques of the measures of central tendency, variability</b>	<b>6</b>
	<b>HMDACOR07T</b>	<b>Children of AIDS patients and children of prisoners: Problems, scope for guidance and counselling.</b>	<b>4</b>
<b>3rd Week of December 2023 26.12.2023- 02.01.2024</b>		<b>Internal Examination &amp; Class for Slow Learners</b>	<b>6</b>
<b>27.01.2024</b>		<b>End Semester Examination</b>	
<b>Total Classes</b>			<b>115</b>

**NAME OF TEACHER: RANJINI DAS**

**PAPER ALLOTTED: HMDGCOR03T,  
HMDGCOR03P, HMDSSEC01M, HMDACOR06T**

<b>Month</b>	<b>Paper</b>	<b>Topic</b>	<b>No of classes</b>
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September 2023 (25.09.2023)	HMDGCOR03T	Personality – Definition, influencing factors, role of social norms in personality development	4
	HMDGCOR03T	Personality – influencing factors	3
October 2023	HMDGCOR03T	Personality – role of social norms in personality development	2
	HMDSSEC01M	Unit 1 Introduction Concept and definition of psychology: Perspectives on behavior. Major subfields of psychology;	1
	HMDACOR06T	Standardization of psychological tests; concepts of reliability, validity and norms.	1
	HMDACOR06T	concepts of reliability validity	3
		PUJA VACATION (19.10.2023 – 15.11.2023)	
November 2023	HMDGCOR03T	tests of personality	5
	HMDGCOR03P	Assessment of Personality: Children’s Personality Test; Kundu Neurotic Personality Inventory.	3
	HMDGCOR03P	Assessment of Personality: Children’s Personality Test; Kundu Neurotic Personality Inventory	4
	HMDSSEC01M	Psychology in modern India; · Biological basis of human behavior.	2
1 <sup>st</sup> Week of December 2023	HMDACOR06T	Norms	1
2 <sup>nd</sup> Week of December 2023 26.12.2023- 02.01.2024		Internal Examination & Class for Slow Learners	6
27.01.2024		End Semester Examination	
<b>Total Classes</b>			<b>35</b>